

Baltimore Area Health-related Volunteer Opportunities

Chara House

Contact: Mary Fiore, Volunteer Coordinator

4203 Belvieu Avenue

Baltimore, Maryland 21215

Tel: (410) 367-1191

Website: <http://www.cc-md.org/children/chara-house.html> 

How you help:

Volunteers are needed to provide basic infant care, including holding and cuddling the babies, feeding and playing with them, and helping them to reach normal developmental milestones. The medically fragile children are at risk for, or infected, with HIV/AIDS, prenatal drug and alcohol exposure and other medical and psychological challenges.

Days and Times: Schedule around volunteer with a 2 hour minimum at any given time. Need to come in consistently. Open 24 hours a day.

Process: Need to go through orientation and TB test.

Don Miller House

Contact Information: Jennifer Greger

Email: jenn@airshome.org

4803 Croson Avenue

Baltimore, Maryland 21212

Tel: (410) 433-8249

Website: www.airshome.org 

How you help:

Assist residents who have the HIV virus with everyday functions.

Days and Times: General hours are 8am – 8pm 7 days/week. Need to be consistent with schedule.

Process: Call first for application. Interview conducted and brief orientation.

Gift of Hope AIDS Hospice

Contact: Sister Manorama

818 N. Collington

Baltimore, Maryland 21205

Tel: (410) 732-6056

How you help: Weekly volunteers are needed to cook, clean, and comfort the male residents who have the HIV virus.

Days and Times: 8am -12pm- need both female and male volunteers, 12-3:30- only male volunteers, Mon-Wed and Fri-Sun.

Process: Call to start volunteering.

Hampden Family Center

Contact Information: Ali Danois

1104 W. 36th Street
Baltimore, MD 21211

Tel: 410-467-8710 x105

How you help: The Hampden Family Center relies on volunteers like you to make our programs possible. Volunteers are needed to work with children in our after-school programs, provide tutoring to students in the Study Buddy program, deliver meals to homebound community members, work at our many community and fund-raising events, and more.

Hopkins Association for Stroke Awareness (HASA)

Email: hasa@jhu.edu

401 N. Broadway
Baltimore, Maryland 21231

How you help: HASA provides individuals with a unique clinical opportunity to work with stroke patients at the Johns Hopkins Hospital in downtown Baltimore. Volunteers assist doctors, nurses and therapists with surveying patients in the Emergency Room, as well as aid stroke patients with rehabilitation. Additional opportunities are available to educate the community about this third leading cause of death, as well as gather financial support for stroke research.

(The) Children's House at Johns Hopkins Hospital

Contact Information: Jennifer Peterson

1915 McElderry Street
Baltimore, Maryland 21205

Office Tel: (410) 614-2560

Tel: (410)-744 1032

Website: www.childrenshouse.org/volunteers.cfm 

How you help: Volunteers are needed to provide a warm, home-away-from-home for children and families while undergoing medical treatment at Johns Hopkin's Children Center. Days and Times: Based on the volunteer's schedule.

Process: Please call.

Johns Hopkins Hospital Child-Life Volunteer Services

Contact Information: Robyn Crowder, Volunteer Coordinator

401 N. Broadway
Baltimore, Maryland 21231

Tel: (410) 955-5924

Website: www.hopkinsmedicine.org/ 

How you help: Pediatric volunteers should be prepared to function semi-independently while encouraging activities between children and families by providing

play and recreational activities in the playroom and at bedside.

Days and Times: Office Hours are 8am-4:30pm. Volunteer's hours vary depending on department. Volunteer must make a minimum commitment of a 4hr shift/1 day a week for a minimum of 4 months (minimum of 75 hours).

Process: Orientation required and two interviews.

St. Joseph Medical Center

Contact information: Janet Streit, Director, Volunteer Development
7601 Osler Drive Need own transportation

Towson, MD 21204

Tel: (410) 337-1492

Website: www.sjmcmd.org  Go to volunteer section.

How you help: A structured introduction to medicine in a community hospital.

Opportunities exist in the emergency department and in operating rooms.

Days and Times: General hours are 8am-8pm 7 days/week. Minimum requirement is 4 hours/week for at least 1 month. Year long adult volunteers preferred over short term volunteers.

Process: Contact director through website or by phone to set up an interview.

Kennedy Krieger Institute

Contact Information: Melvin Hill

707 North Broadway

Baltimore, Maryland 21205

Tel: (443) 923-2640

Website: www.kennedykrieger.org 

How you help: A volunteer can make a world of difference in the life of a child with a disability. There are many opportunities to assist pediatric patients, play games with them, and comfort them during their illness. Volunteers are matched to appropriate departments based on their interests and skills.

Days and Times: Based on volunteers schedule. Some weekends are available. **Process:** There is a general orientation through the office and then a specific orientation through the department.

Mercy Medical Center

Contact Information: Christin Menter, Volunteer Department

301 St. Paul Street

Baltimore, Maryland 21202

Tel: (410) 332-9227

Website: <http://www.mdmercy.com/> 

How you help: Mercy seeks volunteers to read to children. Volunteers should have a sense of responsibility, an interest in working with children and a commitment to early childhood literacy.

Mt. Washington Pediatric Hospital

Contact Information: Pam Klima

1708 W. Rogers Avenue Need own transportation

Baltimore, Maryland 21209

Tel: (410) 578-2651

Website: www.mwph.org 

How you help: This pediatric center provides care for children with lung, congenital or acquired physical disabilities, chronic mental conditions, birth defects, and chronic neurological disorders. Volunteers assist in play areas, at the bedside, work in arts and crafts, and go on field trips.

Days and Times: Schedule is flexible. Hours: 10am-8pm 7 days/week. 100 hour / year minimum.

Process: Application, background check, health forms, and interview. Call for more information.

St. Vincent's Center

Contact Information: Cindy Summers, Director of Volunteer Services

Email: cmitchel@cc-md.org

2600 Pot Spring Road Need own transportation

Timonium, Maryland 20193

Tel: (410) 252-4002

Website: www.catholiccharities-md.org 

How you help: St. Vincent's is a residential therapeutic group facility that services children ages 3-13 who have serious behavioral, psychiatric and/or emotional problems. Volunteers are needed to assist children with their homework, mentor a child, be a special friend in the Artist in Resident program, and summer classroom assistant.

Days and Times: Volunteer hours are 3pm-7 pm weekdays, 9:00 a.m-7:00 p.m. weekends. Must commit to 2 hours per week for at least 3 months.

Process: Call to get an application and for more information. Must complete training to be a weekly volunteer.

Villa Maria Treatment

Facility for Children with Emotional Disabilities and Behavioral Problems

Contact Information: Carol Shear

2300 Dulaney Valley Road Need own transportation

Timonium,, Maryland 21093

Tel:(410) 252-4700 Ext. 133

Website: www.catholiccharities-md.org 

Villa Maria has programs for emotionally disabled children ages five to thirteen.

This program offers a wide range of educational, recreational, and therapeutic services for children in need of something highly structured. Volunteers must commit to two days a week with a minimum of 9 hours.

Baltimore Rescue Mission

Contact Information: Melvin Greasley, Volunteer Coordinator; John Dalton, M.D.

4 North Central Avenue
Baltimore, Maryland 21203

Tel: (410) 499 0860

Volunteers meet every Wednesday night at 6:30 p.m. at the Baltimore Rescue Mission to provide a comprehensive range of primary medical care to homeless men.

Samaritan Center – Daily Bread

Contact Information: Rhonda English, Volunteer Coordinator

128 W. Franklin Street
2nd Floor On the MTA Bus Line
Baltimore, Maryland 21201

Tel: (410) 659-4020

Our Daily Bread provides a hot, nutritious lunch for anyone in need every day of the year. Breakfast is served every weekday to the elderly and those with special needs. In addition, one day each month groceries are made available to members of its "Food Club" living in the 21201 zip code. Our Daily Bread also serves as the mailing address for guests who have no permanent residence.

Beans and Bread

Contact Information: Sue Elias, Resource Coordinator

Email: selias@vincentbaltimore.org

402 S. Bond Street
Baltimore, Maryland 21231

Tel: (410) 732-1892 Ext. 111

Website: www.vincentbaltimore.org 

How you help: Volunteers are needed to assist on-site nurses with blood pressure monitoring, basic first aid, and hospital referrals to a homeless population.

Days and Times: Mon– Sat (not Wed.) 9am -1pm. Saturdays are generally full. Weekdays are available. Come in on a weekly basis. No minimum hour requirement.

Process: Contact Sue Elias for application.

Gallagher Services

Contact Information: Cathi House

2520 Pot Spring Road Need own transportation
Timonium, Maryland 21093

Tel: (410) 252-4005 Ext. 110

Website: www.catholiccharities-md.org 

How you help: Gallagher Services provides residential and day support for people

with development disabilities in 40 locations, including some in Baltimore City. Volunteer opportunities include participating in Gallagher sports activities such as bowling, Special Olympics, basketball, and hiking.

Days and Times: Mon-Fri 8am-4pm. No minimum hour requirement.

Process: Orientation in the beginning.

Greater Baltimore Medical Center

Contact Information: Karen Gerstmyer, Administrative Assistant
6701 N. Charles Street
Baltimore, Maryland 21204

Tel: 443-849-2050

Website: <http://www.gbmc.org/volunteers> 

How you help: Has several opportunities for volunteers to assist with physical therapy, such as assisting patients with exercise equipment, prepare hot-cold packs, and follow with IV poles, oxygen tanks, and wheelchairs as needed. Also need volunteers to coordinate with emergency room staff to keep patient families and significant others informed of treatment status and location changes.

Days and Times: 4 hours/week minimum.

Process: Preview meeting in a group that lasts 1 hour, interview and a mandatory training session before volunteer assignment can begin; training sessions are given monthly (one time requirement).

Health Care for the Homeless

Contact Information: Kevin Feldt, Development Coordinator

Email: jwilliams@hchmd.org

111 Park Avenue

Tel: (410) 837-5533 Ext. 1395

Fax: (410) 837-8020

Baltimore, Maryland 21201

Website: www.hchmd.org 

How you help: Volunteers needed to provide a comprehensive range of primary medical care, mental health services, social services and addiction services to homeless men and women in Baltimore City. HCH also operates a State-Certified outpatient addiction treatment program. Services are provided to people experiencing homelessness without regard for ability to pay.

Days and Times: General hours are 7:30am-4:30pm Mon-Sat. Evenings are also available.

Process: Call or e-mail for application and listing of opportunities. Tour and interview is taken and then volunteer is matched with schedule and interest.

Hopkins Oncology Center

Contact Information: Keisha Wilder or Robyn Crowder, Volunteer Coordinators

Office of Volunteer Services

600 N. Wolfe Street

Carnegie 173

Baltimore, Maryland 21231

Tel: (410) 955-5924

Fax: (410) 614-8464

Website: www.hopkinsmedicine.org 

How you help: The opportunities in this comprehensive cancer center include assistance within the radiation and chemo-therapy outpatient departments, nutritional aides, and diversionary volunteers for patients who are long-term.

Days and Times: Minimum of 75 hours.

Process: Call first, screen interview and then application is given.

The People's Community Health Center - York Road

Contact Information: Dr. Lelin Chao, Volunteer Director and Coordinator

Email: LChao@peopleschc.org

5225 York Road

Baltimore, Maryland 21212

Tel: (410) 467-6040 Ext. 2024

Fax: (410) 235-8807

Website: www.peopleschc.org 

How you help: Responsibilities may include data gathering and analysis, providing health education to patients with diabetes and following up on patients who have not returned for routine care. May also assist with obtaining vital signs and basic history of patients.

Days and Times: General hours are 8:30am-5:00pm Mon-Fri

Process: Go to the website, click volunteer section, fill out the application and fax or mail it to Human Resources

The People's Community Health Center - Greenmount Avenue

Contact Information: Dr. Lelin Chao, Chief Medical Officer

Email: LChao@peopleschc.org

Need own transportation

3028 Greenmount Avenue

Tel: (410) 467-6040 Ext. 2024

Fax: Send Resumes: 410-235-8806

Website: www.peopleschc.org 

How you help: Responsibilities may include data gathering and analysis, providing health education to patients with diabetes and following up on patients who have not returned for routine care. May also assist with obtaining vital signs and basic history from patients. Also assist with patients who are experiencing concerns with drugs and drug abuse.

Process: Go to the website, click volunteer section, fill out the application and fax or mail it to Human Resources

Project HEALTH at the Harriet Lane Clinic

Contact Information: Mark Marino, Site Director

200 N. Wolfe St

Baltimore, MD 21287

Tel: (410) 649-0524, Ext. 3003

Fax: (410) 649-0531

Website: www.projecthealth.org 

As a student-operated, nationally recognized non-profit organization, Project HEALTH mobilizes the nation's elite college students to provide public health interventions to the areas underserved populations. Using the Harriet Lane Pediatric Clinic at the Johns Hopkins Children Center as a point of entry, Project HEALTH student volunteers collaborate with pediatricians, nurses, lawyers and social workers to connect families to the resources they need - including child care, health insurance, housing assistance, food, job training, immigration services, and other services. As more than simply a referral service, volunteers offer ongoing advocacy and case management services to their families. Only students with a deep commitment to serving others and a serious interest in social change are encouraged to apply (application on website). A time commitment of at least two semesters at a minimum of 6 hours per week is required.

Shepherd's Clinic

Contact Information: Marlene Sorra, Volunteer Coordinator

Email: volunteer@shepherdsclinic.org

2800 Kirk Avenue

Baltimore, Maryland 21218

Tel: (410) 467-7146

Fax: (410) 467-7141

Website: www.shepherdsclinic.org 

Physicians, nurse practitioners, physician's assistants, and pre-health volunteers are needed to provide health care to patients. Clerical and administrative personnel are needed to provide office support.

Sinai Hospital

Contact Information: Lindy Utermohle, Volunteer Coordinator

2401 W. Belvedere Avenue

Baltimore, Maryland 21215

Tel: 410-601-5007

Website: <http://www.lifebridgehealth.com/> 

(encompasses all 5 institutions. Go to the volunteer area.)

How you help: Sinai Hospital has current positions in the Emergency Room, In-

Patient Pharmacy, Pediatrics, Nursery, Orthopedics, Radiology and many more.
Days and Times: 100 hour/year minimum. There are fewer opportunities on the weekend.

Process: Call or visit site for application, interview, 2 hour orientation, volunteer is placed in an area (request can be made, but is not guaranteed).

Sheppard Pratt

Contact Information: Shannon Walsh, Volunteer Coordinator

6501 N. Charles Street
Baltimore, Maryland 21204

Tel: (410) 938-4850

Website: www.sheppardpratt.org 

How you help: Dulaney Station Transitions, Inc., a subsidiary of Sheppard Pratt Hospital

offers effective community based therapeutic, rehabilitative, vocational, residential, and supportive services to individuals and families evidencing behavioral health needs.

Please

see website or contact Shannon Walsh for information.

Days and Times: 3 month commitment of 8 hours/week.

Process: Call for appointment to discuss interests.

Union Memorial Hospital

Contact Information: Wanda Jones, Volunteer Coordinator

Volunteer Services, Room 122 Within 2 miles of campus

201 E. University Parkway

Baltimore, Maryland 21218

Tel: (410) 554-2507

Fax: (410) 554-2150

Website: www.unionmemorial.org 

How you help: Union Memorial offers meaningful experiences in more than 50 areas, from direct care with patients in our patient aide, hospitality or hospice programs, to Auxiliary fund-raising programs such as the Gift Shop and Coffee Shop. A variety of behind-the-scenes positions are also available, including work in our library, blood bank, social work/case management and finance offices.

Days and Times: Must commit to minimum of 3 months volunteering at least 4 hours/week.

Process: Call to get an application. Only 10-15 students are accepted each semester because it is a small hospital.

University of Maryland Medical System (Hospital)

Contact Information: Marvena Cole, Volunteer Coordinator

29 S. Greene Street - First Floor (across from main entrance of the hospital)

Baltimore, Maryland 21201

Tel: (410) 328-5600

Website: www.umm.edu 

How you help: Volunteers are needed to assist in clinical areas, including patient care floors, trauma and emergency admitting, pediatric emergency and radiology. All volunteers are interviewed and supplied with a written job description. Days and Times: Scheduled around student. Minimum requirement of 75 hours/ year.

Process: Fill out an application. Volunteer must call back to schedule an interview.

Alice Manor

Contact Information: Lara Rittberg, Activities Director

2095 Rockrose Avenue Within 2 miles of campus

Baltimore, Maryland 21211

Tel: (410) 889-9700 Ext. 3024

How you help: Located in a working-class community, this nursing home needs volunteers to assist with social activities and exercises with the elderly residents.

Days and Times: Open 7 days a week.

Process: Call Lara Rittberg for more information on how to apply.

Keswick Multi-Care Facility

Contact Information: Willene Smith, Director of Volunteer Services and Public Relations

700 West 40th Street Within 2 miles of campus

Baltimore, Maryland 21211

Tel: (410) 662-4380

Website: www.keswick-multicare.org 

Volunteer Opportunities include: Assist with wheel-bound residents on Saturdays and Sundays. Help with Alzheimer's Unit on Mondays until 3:30 p.m. Assist with group activities such as creative arts, music or dance therapy, bingo, current events or history classes, provide one on one for resident visits, cards and games or transporting to and from activities; Trip Aide/Escort: Assist with trips to community attractions such as shopping malls, the Inner Harbor, restaurants and other points of interest; Therapeutic Gardening Assistant: Assist residents with planting and gardening in our Horticultural Therapy Garden; Lunch/Dinner Assistant: Help feed or serve participants and residents Must attend our training course on Basic Feeding. See website for listings.

Future Care - Charles Village Location

Contact Information: Joan Justice, Activities Director

2327 N. Charles Street Within 2 miles of campus

Baltimore, Maryland 21218

Tel: (410) 889-8500

Website: www.futurecarehealth.com 

How you help: Assist seniors with activities and basic skills, such as feeding. Days and

Times: Schedule is discussed with volunteer. Fewer volunteers needed in the summer (limit of 5).

Process: Drug screening test, TB, orientation, background check. For more information call Margie Reed.

St. Elizabeth Rehabilitation and Nursing Center

Contact Information: Robin Rich, Volunteer Coordinator

3320 Benson Avenue

Baltimore, Maryland 21227

Tel: (410) 646-6544

Website: www.catholiccharities-md.org

This is a 162-bed facility which offers long and short term nursing and rehabilitation care. Volunteer opportunities include assisting in feeding residents, serve as activities assistant, play piano or organ for religious services.

Stella Maris Nursing Home & Hospice

Contact Information: John McLoughlin, Volunteer Coordinator

2300 Dulaney Valley Road Buses for Stella Maris originate on the #8

Timonium, Maryland 21093 line (York Road) and marked "Stella Maris"

(410) 252-4500 Ext. 7315

Webpage: www.stellamarisinc.com/directions.html

How you help: Volunteers are needed to assist patients with daily activities, including feeding and grooming. There are also needs for entertainers, escorts, and program and activities assistants.

Days and Times: General hours are Mon-Fri 8am-4pm. Schedule depends on student.

Process: Call volunteer coordinator for more information.

Waxter Center

Contact Information: Tom Turner, Volunteer Coordinator

1000 Cathedral Street

Baltimore, Maryland 21201

Tel: (410) 396-1324

Website: www.ci.baltimore.md.us/government/care/services.html

How you help: This medically supervised program offers the impaired elderly recreation, socialization, social services, and more.

Days and Times: Mon-Fri 8:30am-4:30pm. No weekends.

Process: Application and interview.

Levindale Hebrew Geriatric Center and Hospital

Contact: Janine-Marie Boulad, Volunteer Coordinator

2434 W. Belvedere Avenue

Baltimore, Maryland 21215

Tel: 410-601-2260

Website: www.lifebridgehealth.org 

How you help: Levindale provides geriatrics training for most of the area medical students and residents. Hospital volunteers are needed to interact with the patients, especially those on respirators. In addition to the hospital, Levindale has a long term care facility; the LTC residents participate in numerous programs for which assistants are always welcome. Levindale is the first registered Eden Alternative facility in Maryland; this is a new, somewhat visionary model of long term care.

Days and times: Varies.

Process: Contact the volunteer office  and/or use the website to access the proper forms and information.

Johns Hopkins Bayview Medical Center

Contact: Phylis Cohen
4940 Eastern Avenue
Baltimore, Maryland 21224
Tel.: 410-550-0100

Website: <http://www.hopkinsbayview.org/volunteer/index.html> 

Johns Hopkins Bayview Medical Center is home to one of Maryland's most comprehensive neonatal intensive care units, a sleep disorders center, an area-wide

trauma center, the state's only regional burn center and a geriatric center that enjoys a national reputation in the field of aging. Bayview is about 20 minutes by car, and offers free parking and free lunch as perks.

How you help: Volunteers can participate in a range of activities. Many take part in a program called "Patient Partners," in which volunteers spend time with patients in an effort to make their experience as positive as possible. There are other opportunities for volunteers, as well.

Days and times: Varies.

Process: Contact the volunteer office and/or use the website to access the proper forms and information.

Chase Brexton Health Services, Inc.

Contact: Judy Summers
1001 Cathedral Street
Baltimore, Maryland 21201
Tel.: 410-837-2050, ext. 2623

Website: www.chasebrexton.org 

Chase Brexton Health Services, Inc., provides accessible, affordable medical, dental, mental health and case management services as well as community outreach to HIV+ and general populations whether insured or uninsured. Centered in the gay and lesbian community, we are committed to caring for a diverse community including those persons who have traditionally faced problems in accessing quality health care. Chase

Brexton strives to engage and empower the community in its quest for wellness and quality of life.

How you help: There are opportunities to volunteer in various areas of the clinic. The patient population is diverse. There is ample opportunity for patient interaction and assistance with some procedures.

Process: Contact Jen Finnegan in the Development Office to begin the application process to volunteer. Allow a lot of time to get in touch with them, and be assertive in moving your application along.

Planned Parenthood of Maryland

Contact: John Nugent

Email: john.nugent@ppmaryland.org

330 N. Howard Street

Baltimore, MD 21201

Tel.: 410-576-2148

Website: www.plannedparenthood.org 

Planned Parenthood provides a wide range of reproductive health care services, including routine gynecological exams, prenatal care, contraception, and abortion. How you help: Counselor and clinic assistant positions may be available, in addition to bilingual health center volunteers.

Process: Contact John Nugent or go to the website to start the volunteer process.